

Stretch Net™ **tubular elastic bandage**

Illustrated Guide



Improving Care. Improving Business.™

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## **STRETCH NET™ FEATURES & BENEFITS**

- Tubular elastic retention bandage that holds dressings in place without tape
- Allows easy wound inspection and quick application for wounds with frequent dressing changes
- Provides maximum aeration to wound
- Available in 13 sizes in 10-yard and 25-yard lengths to accommodate all body parts and patient sizes.
- Ideal for patients with fragile skin or who are allergic to tape
- Use as a retention dressing
- Available without natural rubber

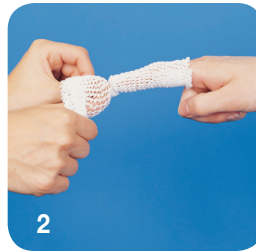
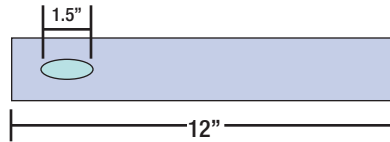
Stretch Net™ is available in a variety of widths to fit all areas of the body.

Standard					Thin		
10 Yards	25 Yards	Not made with natural rubber latex			Size	Approximate Circumference	Suggested Application
		10 Yards	25 Yards	25 Yards			
Product #	Product #	Product #	Product #	Product #			
10-7101	10-7125	10-7401	10-7421	15-7001	1	3" to 8"	Fingers, Toes
10-7102	10-7126	10-7402	10-7422	15-7002	2	8" to 11"	Fingers, Wrist, Small Hand
10-7103	10-7127	10-7403	10-7423	15-7003	3	11" to 16"	Hand, Elbow, Foot
10-7104	10-7128	10-7404	10-7424	15-7004	4	16" to 22"	Hand, Elbow, Foot, Knee
10-7105	10-7129	10-7405	10-7425	15-7005	5	22" to 26"	Calf, Thigh, Head
10-7106	10-7130	10-7406	10-7426	15-7006	5½	26" to 35"	Small Chest, Axilla
10-7107	10-7131	10-7407	10-7427	15-7007	6	35" to 42"	Abdomen, Thigh, Shoulder
10-7108	10-7132	10-7408	10-7428	15-7008	7	42" to 52"	Chest, Axilla, Abdomen
10-7109	10-7133	10-7409	10-7429	15-7009	8	52" to 58"	Chest, Axilla, Abdomen
10-7110	10-7134	10-7410	10-7430	15-7010	9	58" to 64"	Chest, Axilla, Abdomen
10-7111	10-7135	10-7411	10-7431	15-7011	10	64" to 72"	Chest, Axilla, Abdomen
10-7112	10-7136	10-7412	10-7432	15-7012	11	72" to 80"	Extra Large Torso
10-7113	10-7137	10-7413	10-7433	15-7013	12	80" to 86"	Extra Large Torso
10-7114	10-7138	N/A	N/A	N/A	13	86" to 92"	Extra Large Torso

**Note:** Appropriate size of Stretch Net™ depends on patient size. Avoid tight, constrictive application.

## FINGER

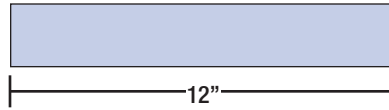
- Use size 1 or 2.
- Cut a 12" piece of relaxed Stretch Net™. 2" from one end, make a 1½" slit on one side.



1. Starting with end farthest from slit, slip Stretch Net™ on finger with slit facing down.
2. Twist the remaining Stretch Net™ one complete turn until the slit faces down again. Gather the remaining Stretch Net™ up to the finger tip.
3. Pull Stretch Net™ back over finger, slipping hand through slit, and anchor to wrist. Complete dressing.

## FOOT

- Use size 3 or 4.
- Start with a 12" piece of relaxed Stretch Net™.



1. Slip Stretch Net onto the toes. Twist 2 times and then slip remaining Stretch Net™ over entire foot.
2. Clip threads to release pressure on heel.
3. Complete dressing.

## ELBOW, FOREARM, OR KNEE

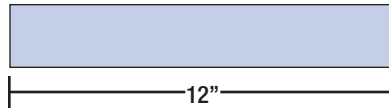
- Use size 3 or 4.
- Start with a 12" piece of relaxed Stretch Net™.



1. Insert both hands into tube and stretch over elbow to complete dressing.
2. Insert both hands into tube and stretch over knee to complete dressing.

## HAND

- Use size 3 or 4.
- Start with a 12" piece of relaxed Stretch Net™.

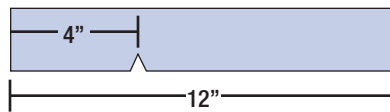


1. Slip Stretch Net™ over hand with the palm facing upward. Leave 3" extension beyond fingers.
2. At the tip of each finger cut 2 or 3 threads to release fingers.
3. Pull the extension down and tuck it under. Complete dressing.



## HEAD – Full Cap

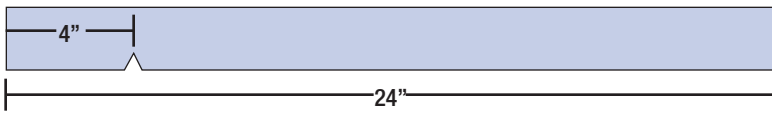
- Use size 5 or 5½.
- Start with a 10" or 12" piece of Stretch Net™.
- Seal one end of the Stretch Net™ by tying a knot. 4" from the open end, make a 1" cut.



1. Place Stretch Net™ over the head with the hole facing forward. Position the lower portion over the chin.
2. Complete dressing.

## HIP OR THIGH

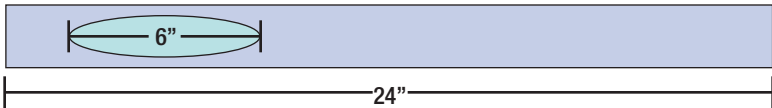
- Use size 5½ or 6.
- Cut a 24" piece of Stretch Net™. 4" from one end, make a 1" cut into the tube.



1. Starting with the end closest to cut, insert left hand into long portion of the tube and right hand into the tube down to the 1" cut. Now stretch apart to create a waist band.
2. Slip affected leg into Stretch Net™.
3. Stretch the waist band open and stretch it over the unaffected leg.
4. Slip Stretch Net™ up to waist for complete dressing.

## SHOULDER

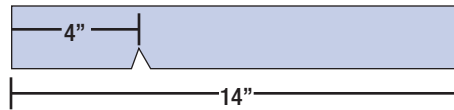
- Use size 5½ or 6.
- Cut a 24" piece of Stretch Net™. 2" from one end, make a 6" slit through one side of the tube.



1. Starting with the end closest to the slit, slide Stretch Net™ onto arm, with cut facing up.
2. Pull the cut loop over the head and let rest under the opposite axilla. Complete dressing.

## GROIN & BUTTOCKS

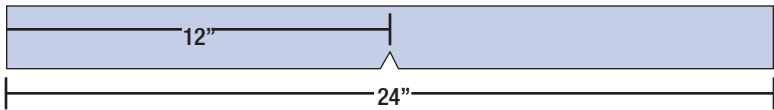
- Use size 7 – 9.
- Cut a 14" piece of Stretch Net™. About 4" from one end, make a ½" cut.



1. Put your hands into the tube in the end farthest from the cut. Allow your left hand to go through the cut and your right hand to go through the longer tube.
2. Now stretch to form a panty.
3. Slip patient into the panty.

## GENITAL & ANAL

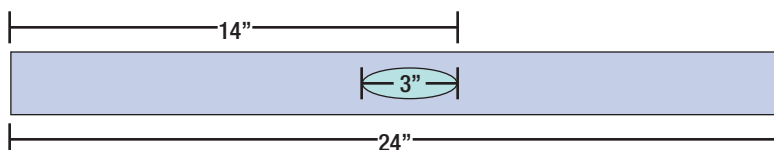
- Use size 7 – 10 depending on patient size.
- Cut a 24" piece of Stretch Net™. In the middle of this piece make a 1" V cut.



1. Beginning where the cut was made, insert both hands into one half of the tubing and stretch it sideways.
2. Insert both feet into the stretched half and pull it up over the waist. The second half should be in the back hanging like a tail.
3. Pull the tail between the legs and pull up over the genital area in a spreading motion.
4. Secure ends by tying them off in the front for a completed dressing.
5. Back view.

## AXILLA OR BREAST

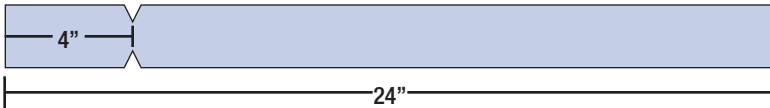
- Use size 7 – 10 depending on the size of the patient.
- Cut a 24" piece of Stretch Net™ . 14" from one end, make a 3" slit long ways in one side of the tube.



1. Starting with the end farthest from the slit, pass the Stretch Net™ over the arm up to the shoulder. Make sure to keep the cut facing up. Pass the cut loop over the head.
2. Continue stretching the cut over the opposite shoulder and arm allowing it to rest under the opposite axilla. Complete dressing.

## CHEST

- Use size 7 – 11 depending on patient size.
- Cut a 24" piece of Stretch Net™. 4" from one end, make a ½" cut on both sides.



1. Starting with the end farthest from cuts, gather Stretch Net and slip over head. Make sure to keep cuts to the sides.
2. Continue to stretch the Stretch Net™ over the shoulders and down the trunk.
3. Pass arms through holes. Complete dressing.



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